

# Sheepwash Support Network

We believe we are all good neighbours in Sheepwash parish, and we look out for each other in good times and bad.

So, we want you to be aware of the extra support available during the current Coronavirus (Covid-19) crisis, especially for Sheepwash parishioners who are older or who have underlying medical conditions.

## Local shopping and free delivery

The Community Shop in the Square will take your order by phone and deliver it to you. Just ring **231 531**.

## Getting money from the village Post Office

If you need to take money out from the Post Office, call **231 531**. Arrangements will be made, and a volunteer will bring the money round to you.

## Parcel deliveries

If you have a parcel or package sent to you that needs a signature, Beth, our postie, or the courier driver, will knock, leave the parcel on the doorstep, and step back two metres while they wait for you to come to the door. You can check the parcel is for you, give them your spoken approval, and they will write Covid-19 on the signature machine in place of your signature.

## Other help with shopping or collecting prescriptions, etc.

If you need more help with shopping or collecting prescriptions, or have any other queries, call **Alison Ansell (231 196)** or **Mike Ritson (231 680)** in the first instance – we have a team of volunteers who will help out.

## Sheepwash Parish Council